

Indoor Pool Schedule- June 5th-August 31st revised 06/03/08

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<p>5:30am-9:45pm <u>Adult Lap Swim</u> 5:30am-9:00am (6) 9:00am-12:00pm (4) 12:00pm-1:00pm (6) 1:00pm-3:00pm (4) 3:00pm-5:00pm (3) 5:00pm-5:30pm(0) 5:30pm-7:45pm(2) 7:45pm-9:00pm(4)</p> <p style="text-align: center;">Men Only- 9:00pm-9:45pm (6)</p>	<p>5:30am-9:45pm <u>Adult Lap Swim</u> 5:30am-6:15am (6) 6:15am-7:15am (3) 7:15am-9:30am (6) 9:30am-12:00pm (4) 12:00pm-1:00pm (6) 1:00pm-3:00pm (4) 3:00pm-5:00pm(3) 5:00pm-6:00pm(0) 6:00pm-7:45pm(2) 7:45pm-9:00pm (4)</p> <p style="text-align: center;">Women Only- 9:00pm-9:45pm (6)</p>	<p>5:30am-9:45pm <u>Adult Lap Swim</u> 5:30am-9:00am (6) 9:00am-12:00pm (4) 12:00pm-1:00pm (6) 1:00pm-3:00pm (4) 3:00pm-5:00pm (3) 5:00pm-5:30pm(0) 5:30pm-7:45pm(2) 7:45pm-9:00pm (4) 9:00pm-9:45pm(6)</p>	<p>5:30am-9:45pm <u>Adult Lap Swim</u> 5:30am-6:15am (6) 6:15am-7:15am (3) 7:15am-9:30am (6) 9:30am-12:00pm (4) 12:00pm-1:00pm (6) 1:00pm-3:00pm (4) 3:00pm-5:00pm(3) 5:00pm-6:00pm(0) 6:00pm-7:45pm(3) 7:45pm-9:00pm(4) 9:00pm-9:45pm (6)</p>	<p>5:30am-5:45pm <u>Adult Lap Swim</u> 5:30am-9:00am (6) 9:00am-12:00pm(4) 12:00pm-1:00pm (6) 1:00pm-4:00pm (4) 4:00pm-5:00pm(6) 5:00pm-5:45pm(2)</p>	<p>7:00am-6:45pm <u>Adult Lap Swim</u> 7:00am-9:00am (6) 9:00am-6:45pm(4)</p>	<p>7:00am-4:15pm <u>Adult Lap Swim</u> 7:00am-8:15am (3) 8:15am-9:00am(6) 9:00am-12:00pm (3) 12:00pm-4:15pm (4)</p>
<p style="text-align: center;"><u>Open Swim</u> 9:00am-12:00pm 3:00pm-5:00pm 7:45pm-9:00pm <u>Swim Lessons</u> * 1:00pm-5:30pm Adapted Aquatics: 11:00am-12:00pm</p>	<p style="text-align: center;"><u>Open Swim</u> 9:30am-11:15am 3:00pm-5:00pm 7:45pm-9:00pm <u>Swim Lessons</u> * 1:00-5:30pm Adapted Aquatics: 1:00pm-6:30pm</p>	<p style="text-align: center;"><u>Open Swim</u> 9:00am-12:00pm 3:00pm-5:00pm 7:45pm-9:00pm <u>Swim Lessons</u> * 1:00-5:30pm</p>	<p style="text-align: center;"><u>Open Swim</u> 9:00am-11:00am 3:00pm-5:00pm 7:45pm-9:00pm <u>Swim Lessons</u> * 1:00-5:30pm Adapted Aquatics: 1:00pm-6:00pm</p>	<p style="text-align: center;"><u>Open Swim</u> 9:00am-12:00pm 1:00pm-4:00pm</p> <p style="text-align: center;"><u>Swim Lessons</u> * 9am-12pm</p>	<p style="text-align: center;"><u>Open Swim</u> 12:00pm-6:45pm</p> <p style="text-align: center;"><u>Swim Lessons</u> * 9:00am-12:00pm</p>	
<p style="text-align: center;"><u>Swim Team**</u> 5:00pm-7:45pm(4)</p>	<p style="text-align: center;"><u>Swim Team**</u> 5:00-7:45pm(4)</p> <p style="text-align: center;"><u>Masters</u> * 6:15am-7:15am</p>	<p style="text-align: center;"><u>Swim Team**</u> 5:00pm-7:45pm(4)</p>	<p style="text-align: center;"><u>Swim Team**</u> 5:00pm-7:45pm(4)</p> <p style="text-align: center;"><u>Masters</u> * 6:15am-7:15am</p>	<p style="text-align: center;"><u>Swim Team**</u> 5:00pm-6:00pm(4)</p>	<p style="text-align: center;"><u>Masters</u> * 7:15am-8:15am</p>	
<p style="text-align: center;"><u>Aqua Fitness</u> Aqua Fitness: 9:30am-10:15am</p>	<p style="text-align: center;"><u>Aqua Fitness</u> * Arthritis Class: 11:15am-12:00pm</p>	<p style="text-align: center;"><u>Aqua Fitness</u> Aqua Fitness: 9:30am-10:15am</p>	<p style="text-align: center;"><u>Aqua Fitness</u> * Arthritis Class: 11:15am-12:00pm</p>	<p style="text-align: center;"><u>Aqua Fitness</u> Aqua Fitness- 9:30am-10:15am</p>	<p style="text-align: center;"><u>Pool Parties</u> * 12:30pm-3:00pm</p>	

* Denotes paid programs

** Denotes paid program that ends on July 11th

(#) Denotes number of lanes available for lap swimming

Please see reverse side for additional information and pool rules



**Jewish Community Centers
of Greater Boston**